

Do you have any words of wisdom that you'd like to share with incoming students?

“If you're ever feeling down about finances, classes, family life, or friends, please talk to someone about it! Never be afraid to ask for help or a shoulder to lean on, and also remember to be that shoulder for someone else who may need it!”

— **Sophia Olmos '18**

WEINBERG COLLEGE OF ARTS AND SCIENCES, QUESTBRIDGE SCHOLAR
FIRST-GENERATION STUDENT

Do you have any words of wisdom that you'd like to share with incoming students?

“Ask for help and you shall receive! Even when you feel alone, know that you aren't and people are here to help.”

— Guadalupe Olivares-Hernandez '17

WEINBERG COLLEGE OF ARTS AND SCIENCES

FIRST-GENERATION STUDENT

What's something you wish you'd known when you came to Northwestern?

“You deserve to be here as much as your peers. Everyone’s Northwestern experience is different, and you can and will thrive here.”

— **Yari Gallegos '19**

SCHOOL OF EDUCATION AND SOCIAL POLICY
FIRST-GENERATION STUDENT

What's something you wish you'd known
when you came to Northwestern?

**“That my personal history was a
strength, not a weakness.”**

— **Michael J. Allen '98 MA, '03 PhD**

WEINBERG COLLEGE OF ARTS AND SCIENCES
FIRST-GENERATION STUDENT

NEXT

The Northwestern Externship Program is a one-day job-shadowing experience for students to explore potential career paths.



Dinner with Twelve

Alumni host a group of students for dinner in an informal setting.



Mentorship

The Northwestern Network Mentorship Program connects students with alumni who provide guidance and help expand professional networks.



Mock Interviews

Alumni interview students to help them prepare for on-campus interviews.



Homecoming Week

An annual tradition that promotes school spirit ahead of the Homecoming football game.



NU Day at Wrigley

In May, more than 1,200 students, alumni, staff, and faculty gather to paint Wrigley purple.

