

T&R Learning Circle
Oct 20, 2022 – Dec 1, 2022



Truth and Reconciliation

- How are we acknowledging the truth that brought us to this moment in history on this land?
- How are we working together to achieve reconciliation by building a healthy, just, resilient, and prosperous world for all?

Setting the Table

“For all discussions, let's work together to create a safe space where we strive for humility, are willing to discuss challenging topics, and can differentiate between opinion and informed knowledge. Remember to hold your opinions lightly and with humility which comes from continued experience, learning, and practice.”

Prompt Questions

- What does reconciliation mean to you? What led you to joining this book club?
- Reflect on the idea of Genesis. Where did you come from, and what are the teachings of your ancestors that bring meaning to your life today?
- What do you think is the difference between living a life in trauma and living a life informed by trauma? How do we understand our past and integrate these challenges into a loving present? How can we understand Canada's history and move towards healing? What would this look like to you?