

INSIDER



Adelphi Receives Prestigious 2018 INSIGHT Into Diversity HEED Award

Adelphi is one of only four private colleges in New York state to receive the Higher Education Excellence in Diversity (HEED) Award for our commitment to making diversity and inclusion a top priority across our campuses.

[See How We Take HEED of Being Inclusive](#)



Sharing the Pride on National Coming Out Day

On Thursday, October 11, Adelphi supported its LGBT+ community with a [number of events](#), including the emotional Coming Out Panel. But our pride and efforts to improve go beyond one day—we offer events and work to improve our standing throughout the year.



Adelphi Pioneers Online Support Group for Young Women With Breast Cancer

When the Adelphi NY Statewide Breast Cancer Hotline & Support Program saw the need for a support group for women under 40, it met these women where they are—online. [FoodTV.com](#) shared the story.



LGS Research Fellow Authors Book on US-Taliban Relations

Jonathan Cristol, Ph.D., research fellow with the Levermore Global Scholar's program, addresses how the United States ended up in Afghanistan, why we're still there and how there are no easy answers in international politics in his new book, *The United States and the Taliban before and after 9/11*.



New Name, Bright Future for Business Plan Competition

Thanks to a generous gift from **Kevin G. Mahony '93**, more aspiring entrepreneurs will get a chance to compete for funding through the newly renamed Kevin G. Mahony Business Plan Competition. Submit your proposal by Thursday, November 8, to get in on the action!

UC Progress Report

Do you know where the Ruth S. Hartley University Center offices and services are headed over winter break? We're still two months away, but our [University Center Progress and Latest News Site](#) has a list of the relocations so you can be prepared. We'll be updating the site frequently to bring you more news and updates.

In the News

Professor Talks About Consent on College Campuses

The [Chicago Tribune](#) interviews **Donna Freitas, Ph.D.**, visiting associate professor, about sexual assault and consent.

A Psychologist's Stance on Depression

Adelphi adjunct professor and award-winning author **Deborah Serani, Psy.D.**, is featured in a [Reader's Digest](#) article about what psychologists want people to know about depression.

Finding the Humor in Divorce

Comedian **Michelle Truitt '13** is getting a few laughs out of her divorce in her show, *Divorce Diaries*, reports [The Daily Gazette](#).

Alumna Cast in a Parody Play of The Office

[Long Island Weekly](#) announces the cast of *The Office: A Musical Parody*, which includes **Ani Djedjirian '16**, who will play Kelly Kapoor.

Running to California

Former assistant women's lacrosse coach **Robyn Pastuch, M.A. '10**, and her students are on their journey to run 2,831 miles to California, according to [Lifesize.com](#).

Athletics Update



Bowling Takes Home Team Title at Sacred Heart's Bowl for the Cure Event
For the second straight year, the Adelphi University bowling team captured the overall title at the one-day Bowl for the Cure event hosted by Sacred Heart University on Saturday. The team win is the Brown and Colors second in two editions of the event, having gone through the field unbeaten in back-to-back years.

Cross Country Shines at Hudson Valley Invitational
Led once again by **Aminda Ashe** and **Sean Kildare**, the Adelphi University women's and men's cross country programs took first and second place finishes, respectively, over the weekend at the Hudson Valley Invitational, hosted by LIU Post.

As Seen on Social

Adelphi University
@adelphi

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Check out this photo from Midnight Madness. Justin was the winner of the lip sync battle and received a 40 inch smart TV. Justin said this was the best night of his college career!

3:39 PM - 22 Oct 2018 from Garden City, NY

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