

Published July 23, 2024

UCLA

David Geffen School of Medicine

Sports Medicine Careers

*A Guide to Different Job
Opportunities in the Field
of Sports Medicine*

Performance Stats



Ranking and Traffic Data for the Sports Medicine Career Guide – As of 2/28/2025

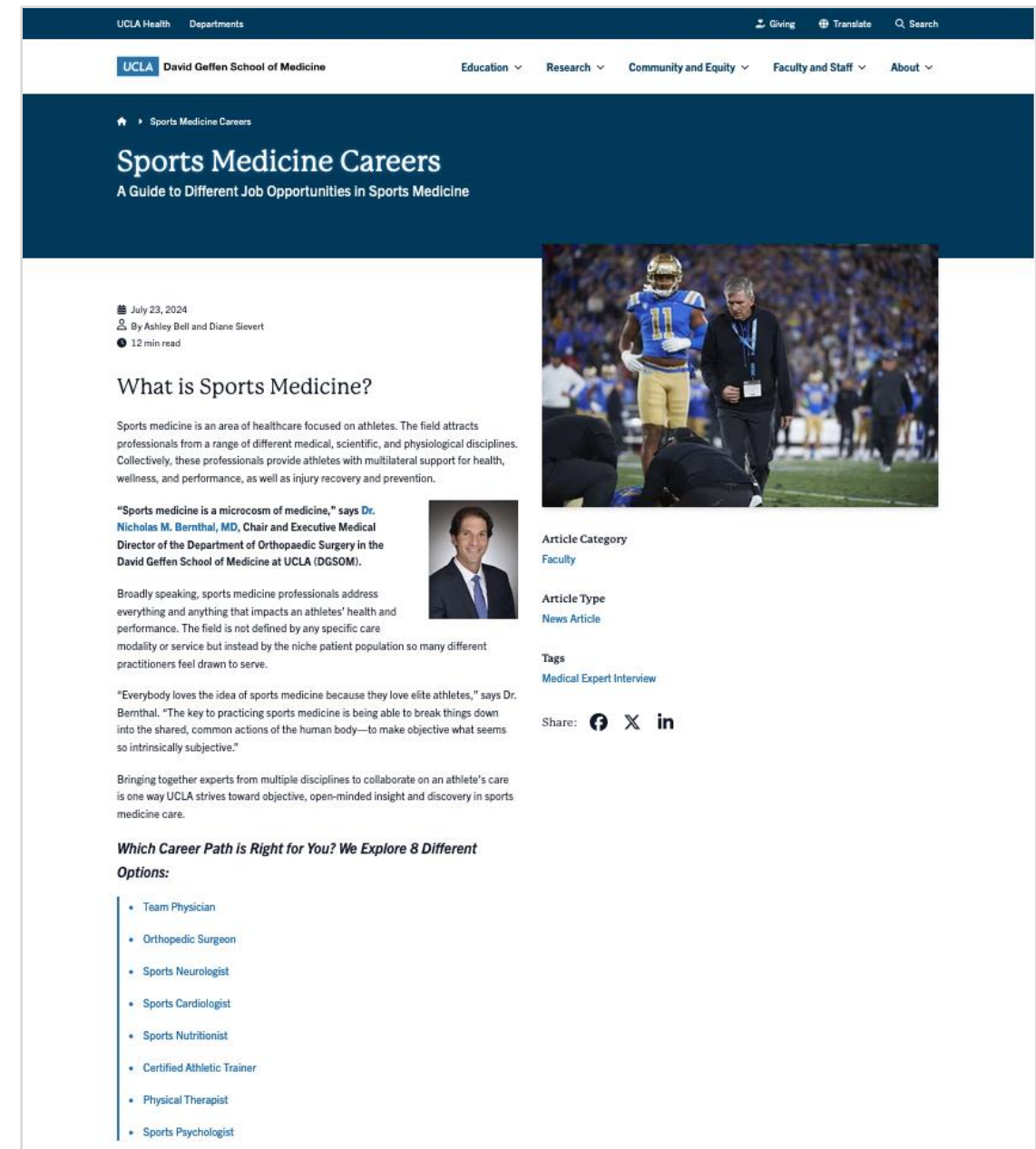
PROJECT SUMMARY

Sports Medicine Career Guide

- 9 SEO articles published to DGSOM website
- 1 summary and 8 career profiles
- 30+ high traffic SEO keywords targeted

The Result?

- 128 keywords have ranked in positions #1-3
- 449 keywords have ranked in positions #1-10
- 803 keywords have ranked in positions #1-20



Example Keyword Rankings

- “Sports Nutritionist”
- 2900 searches / month
- Ranking #1 – Featured Snippet
- “Sports Medicine Careers”
- 2900 searches / month
- Ranking #2 – Google SERP
- “Sports Physical Therapist”
- 1600 searches / month
- Ranking #3 – Google SERP
- “Sports Doctor Career”
- 1300 searches / month
- Ranking #1 – Google SERP

Google search results for "career opportunities in sports medicine".

Search filters: All, Images, Jobs, Videos, Forums, News, Shopping, More. Additional filters: List of, Highest paying, Without a degree, Remote, Date posted.

Results for United States · Choose area

Which Career Path is Right for You? We Explore 8 Different Options:

- Team Physician.
- Orthopedic Surgeon.
- Sports Neurologist.
- Sports Cardiologist.
- Sports Nutritionist.
- Certified Athletic Trainer.
- Physical Therapist.
- Sports Psychologist.

Jul 23, 2024

UCLA Medical School
<https://medschool.ucla.edu/news-article/sports-medi...>

Sports Medicine Careers | UCLA Medical School

About featured snippets · Feedback

People also ask

- Is a sports medicine degree worth it?
- What are 5 careers in sports?
- Is there a future in sports medicine?
- What major is best for sports medicine?

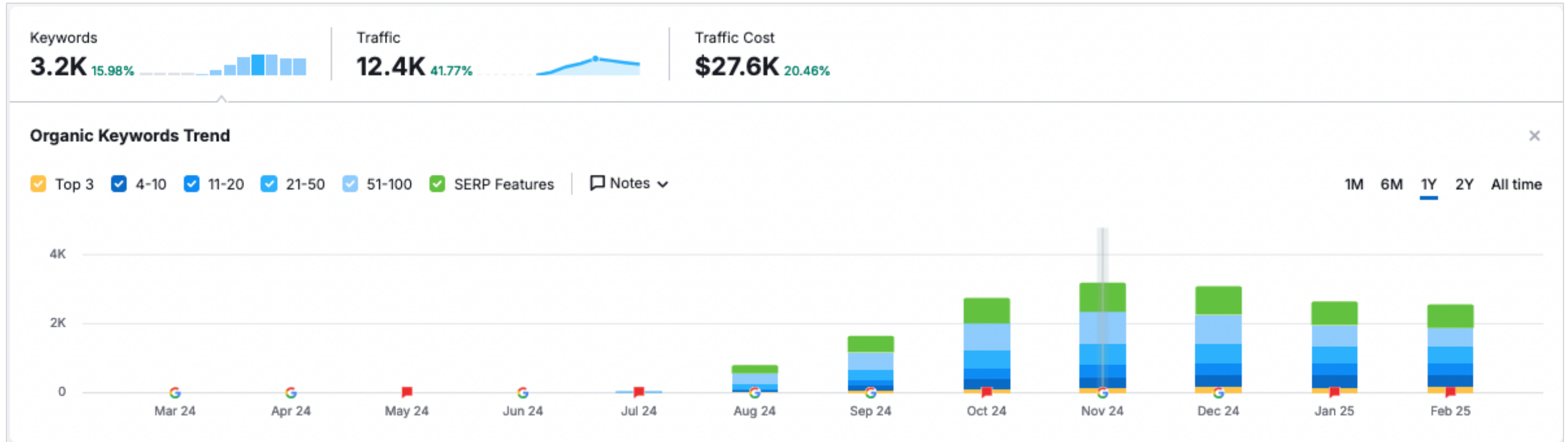
Feedback

American Orthopaedic Society for Sports Medicine
<https://www.sportsmed.org/About-Us>

Sports Medicine Careers | AOSSM

Allied Athlete Healthcare · Physician Assistant · Physical Therapist · Certified Athletic Trainer · Nutritionist · Sports Psychologist · Coach. Coaches teach ...

SPORTS MEDICINE CAREER GUIDE: RANKINGS & TRAFFIC STATS



At their peak performance (November 2024):

- 3187 keywords ranking in Google were driving about 12.4K visits a month to these articles.
- The same amount of traffic would cost about \$27.6K in Google Adwords.

SPORTS MEDICINE CAREER GUIDE: PROFILE LIST – PAGE 1


David Geffen School of Medicine


MAIN

Team Physician - Sports Medicine Career

Medical Expert Interview

 July 23, 2024

 By Ashley Bell

 6 min read

Sports Medicine Careers

Sports medicine is an area of healthcare focused on athletes. A sports medicine practice covers myriad medical and physiological goals and concerns that can and do impact athletes.

Such an expansive goal demands a commensurate breadth of practitioners and professionals. That's why the field of sports medicine encompasses a dynamic range of job types and career opportunities.

The article below explores being a team physician. Additional sports medicine career roles include:

- Certified Athletic Trainer
- Orthopedic Surgeon
- Physical Therapist
- Sports Neurologist
- Sports Cardiologist
- Sports Psychologist
- Sports Nutritionist / Registered Dietician

Sports Medicine Career Overview

Meet Joshua T. Goldman, MD, Team Physician at UCLA

A celebrated expert in non-surgical and minimally invasive orthopedic care, Joshua T. Goldman, MD serves as team physician for UCLA's football, men's soccer, and women's beach volleyball teams and the Los Angeles Chargers.

Caring for athletes is among his specialties. In the past, he's worked with a variety of other UCLA teams and volunteered as team physician at the United States Olympic Training Center, among other organizations.

In addition to his work in sports medicine, Dr. Goldman treats patients at UCLA Health and teaches in the Department of Orthopedic Surgery at the David Geffen School of



Article Category

Faculty

Article Type

News Article

Tags

Medical Expert Interview

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Team Physician


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Orthopedic Surgeon - Sports Medicine Career

Medical Expert Interview

 July 23, 2024
 By Ashley Bell
 4 min read

Sports Medicine Careers

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The article below explores orthopedic surgery. Additional sports medicine career roles include:

- Certified Athletic Trainer
- Physical Therapist
- Sports Neurologist
- Sports Cardiologist
- Sports Psychologist
- Sports Nutritionist / Registered Dietician
- Team Physician

[Sports Medicine Career Overview](#)



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Medical Expert Interview

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Meet David R. McAllister, MD, Orthopedic Surgeon at UCLA Health

David R. McAllister, MD leads sports medicine service at UCLA, runs the fellowship in sports medicine orthopedic surgery, and teaches orthopedic surgery at the David Geffen School of Medicine at UCLA.

Board certified in orthopedic surgery and orthopedic sports medicine, he treats a range of athletic injuries occurring in patients at all levels. Treating knee injuries—such as anterior cruciate ligament (ACL) tears—is one of his niche areas of expertise.



Orthopedic Surgeon

David Geffen School of Medicine

Sports Neurologist - Sports Medicine Career

Medical Expert Interview

July 23, 2024
 By Ashley Bell
 4 min read

Sports Medicine Careers

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The article below explores sports neurology. Additional sports medicine career roles include:

- Certified Athletic Trainer
- Orthopedic Surgeon
- Physical Therapist
- Sports Cardiologist
- Sports Psychologist
- Sports Nutritionist / Registered Dietician
- Team Physician

[Sports Medicine Career Overview](#)

Meet Kevin C. Bickart, MD, PhD, Sports Neurologist at UCLA Health

Kevin C. Bickart, MD, PhD teaches in the department of neurology at the David Geffen School of Medicine at UCLA (DGSOM). Sports neurology is his specialized area of expertise.

A childhood love of math, science, and sports set him on the path toward his niche future career. As a lineman and linebacker for 10 years up through high school, he enjoyed the competition and team aspects of the sport, but also the contact.

Throughout his football playing years though, he saw teammates suffer concussions and potentially lasting effects of these

Sports Neurologist

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Sports Cardiologist - Sports Medicine Career

Medical Expert Interview

📅

July 23, 2024

👤

By Ashley Bell

⌚

4 min read

Sports Medicine Careers

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The article below explores sports cardiology. Additional sports medicine career roles include:

- [Certified Athletic Trainer](#)
- [Orthopedic Surgeon](#)
- [Physical Therapist](#)
- [Sports Neurologist](#)
- [Sports Psychologist](#)
- [Sports Nutritionist / Registered Dietician](#)
- [Team Physician](#)

Sports Medicine Career Overview

Header image courtesy of UCLA Athletics. Pictured: Robert Brandt and Garrett Reynolds leading during UCLA Cross Country at Pac-12 Championships. Photo by: Eric Evans Photography.

Meet Ali Nsair, MD, Sports Cardiologist at UCLA Health

Interventional cardiologist [Ali Nsair, MD](#) directs UCLA's [Health Sports Cardiology and Heart Transplantation and Mechanical Circulatory Support Programs](#).

A profound interest in the human heart first inspired Dr. Nsair to become a sports cardiologist.

"The human heart is a fascinating organ. Even at rest, it's beating 60 beats every minute. That's about

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Sports Cardiologist

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Physical Therapist - Sports Medicine Career

Medical Expert Interview

July 23, 2024

By Ashley Bell

4 min read

Sports Medicine Careers

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The article below explores physical therapy. Additional sports medicine career roles include:

- Certified Athletic Trainer
- Orthopedic Surgeon
- Sports Neurologist
- Sports Cardiologist
- Sports Psychologist
- Sports Nutritionist / Registered Dietician
- Team Physician

Sports Medicine Career Overview

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Header image courtesy of UCLA Athletics. Pictured: Jada Hart. Photo by: Eric Hunt.

Meet Jeremy Vail, Physical Therapist and Director of Rehabilitation at UCLA

Physical therapist and athletic trainer **Jeremy Vail** is the director of rehabilitation for UCLA's football team.

He found his way to a career in sports physical therapy in the most natural way possible: By playing sports growing up and suffering his fair share of injuries.



Physical Therapist

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Certified Athletic Trainer - Sports Medicine Career

Medical Expert Interview

July 23, 2024

By Ashley Bell

6 min read

Sports Medicine Careers

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The article below explores certified athletic training. Additional sports medicine career roles include:

- Orthopedic Surgeon
- Physical Therapist
- Sports Neurologist
- Sports Cardiologist
- Sports Psychologist
- Sports Nutritionist / Registered Dietician
- Team Physician

Sports Medicine Career Overview

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Medical Expert Interview

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Header image courtesy of UCLA Athletics. Pictured: Jordan Wooler. Photo by: Ross Turbellaub.

Meet Marc Reichling, Director of Sports Medicine at UCLA

Marc Reichling is a certified athletic trainer and director of sports medicine at UCLA.

Growing up, Marc was an athlete through and through. He ran track, played football and hockey, and even did a little swimming. Around the time he began applying to universities and considering future careers, he learned that a friend worked as an athletic trainer.



Athletic Trainer

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Sports Nutritionist - Sports Medicine Career

Medical Expert Interview

July 23, 2024

By Ashley Bell

5 min read

Sports Medicine Careers

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The article below explores sports dietetics. Additional sports medicine career roles include:

- Certified Athletic Trainer
- Orthopedic Surgeon
- Physical Therapist
- Sports Neurologist
- Sports Cardiologist
- Sports Psychologist
- Team Physician

Sports Medicine Career Overview

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Header image courtesy of UCLA Athletics. Pictured: Stephanie Urrutia directs performance nutrition for UCLA Athletics. She loves helping student athletes perform and feel their best. Building meaningful relationships with them stands out as a highlight of her work.

Meet Stephanie Urrutia, Assistant Athletic Director of Performance Nutrition at UCLA Athletics

A registered dietitian and a classically trained chef, **Stephanie Urrutia** directs performance nutrition for UCLA Athletics. She loves helping student athletes perform and feel their best. Building meaningful relationships with them stands out as a highlight of her work.

Supporting them and helping them achieve their goals through nutrition makes her truly part of their teams. Knowing she gets only a fixed amount of time to work with them before graduation makes her interactions even more meaningful.



Sports Nutritionist

UCLA

David Geffen School of Medicine

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Sports Psychologist - Sports Medicine Career

Medical Expert Interview

July 23, 2024

By Ashley Bell

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Sports Medicine Careers

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The article below explores sports psychology. Additional sports medicine career roles include:

- Certified Athletic Trainer
- Orthopedic Surgeon
- Physical Therapist
- Sports Neurologist
- Sports Cardiologist
- Sports Nutritionist / Registered Dietician
- Team Physician

Sports Medicine Career Overview

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Share:   

Header image courtesy of UCLA Athletics. Pictured: The UCLA Bruins huddle up during their game against No. 1 Stanford.

Meet Chris Praetzel, PsyD, CMPC, Sports Psychologist at UCLA

Sports psychologist **Chris Praetzel, PsyD, CMPC** directs student-athlete mental health programs at UCLA. He ensures athletes enjoy multi-layered mental health support that incorporates individual and team-wide approaches.

Dr. Praetzel provides individual confidential counseling and mental performance support, team level interventions, consults with team staff and coaches on broad support strategies, and pulls from the extensive range of psychological



Sports Psychologist

UCLA David Geffen School of Medicine

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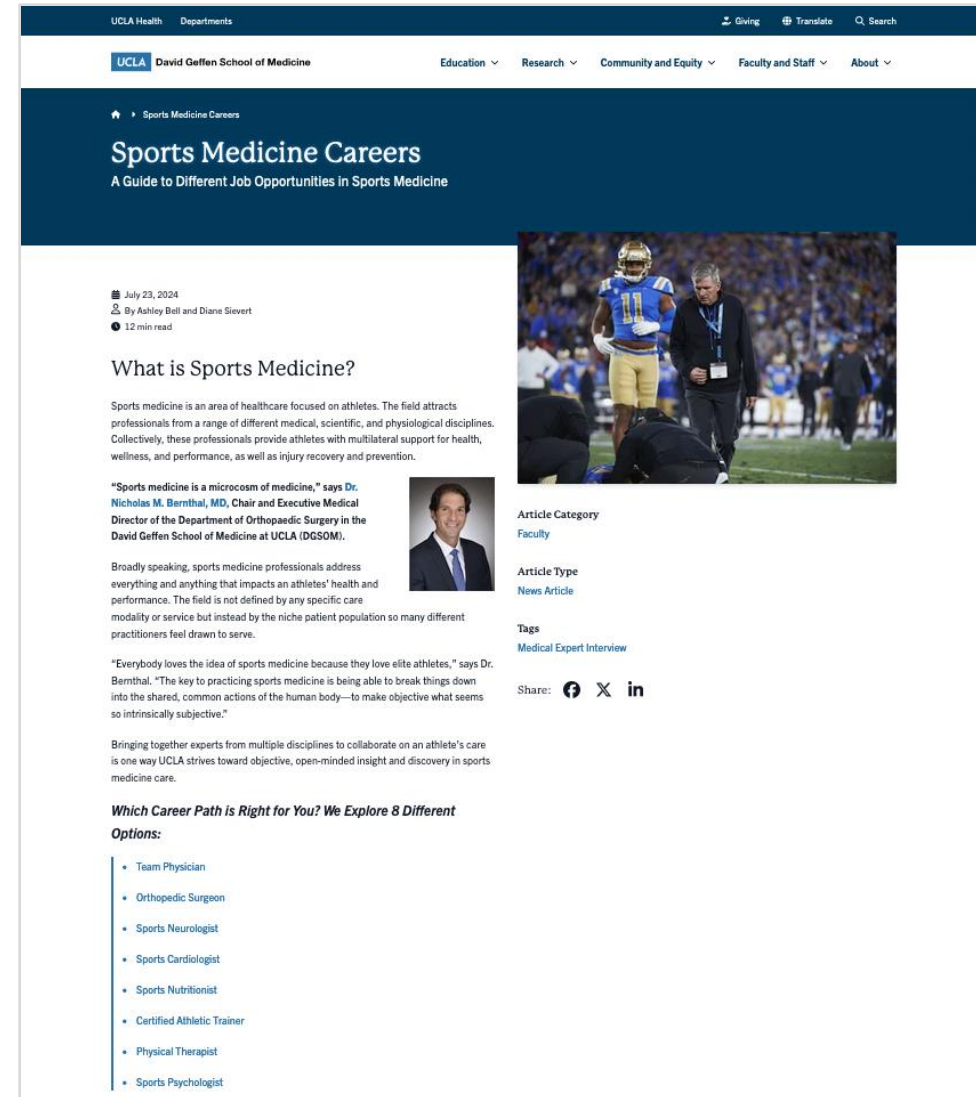
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Sports Medicine Careers

Sports Medicine Careers

A Guide to Different Job Opportunities in Sports Medicine

July 23, 2024
By Ashley Bell and Diane Sievert
12 min read

What is Sports Medicine?

Sports medicine is an area of healthcare focused on athletes. The field attracts professionals from a range of different medical, scientific, and physiological disciplines. Collectively, these professionals provide athletes with multilateral support for health, wellness, and performance, as well as injury recovery and prevention.

"Sports medicine is a microcosm of medicine," says Dr. Nicholas M. Bernthal, MD, Chair and Executive Medical Director of the Department of Orthopaedic Surgery in the David Geffen School of Medicine at UCLA (DGSOM).

Broadly speaking, sports medicine professionals address everything and anything that impacts an athletes' health and performance. The field is not defined by any specific care modality or service but instead by the niche patient population so many different practitioners feel drawn to serve.

"Everybody loves the idea of sports medicine because they love elite athletes," says Dr. Bernthal. "The key to practicing sports medicine is being able to break things down into the shared, common actions of the human body—to make objective what seems so intrinsically subjective."

Bringing together experts from multiple disciplines to collaborate on an athlete's care is one way UCLA strives toward objective, open-minded insight and discovery in sports medicine care.

Which Career Path is Right for You? We Explore 8 Different Options:

- Team Physician
- Orthopedic Surgeon
- Sports Neurologist
- Sports Cardiologist
- Sports Nutritionist
- Certified Athletic Trainer
- Physical Therapist
- Sports Psychologist

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